

# Runqi Wang (Jennifer)

HKUST Emotion & Personality Research Group

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## CAREER SUMMARY

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### HKUST Emotion & Personality Research Group

Since 09/2025

*Research Assistant*

- Assisted in conducting research on emotion and personality

### Mind HK (Improving Access to Community Therapies (iACT) programme)

05/2024 – 06/2025

*Wellbeing Practitioner*

- Carried out psychological screening procedure and protocol-based intake assessment in secondary schools
- Delivered low intensity manualised ACT interventions to adolescents with mild to moderate mental health problems in the form of both one-to-one and group
- Prepared and offered psycho-educational sessions to classes
- Recorded clients' progress and guided by their supervisor on modifying the interventions according to individual needs
- Assisted in service promotion to recruit clients
- Received training in counselling skills, common mental disorders among adolescents, safeguarding etc.

### Anhui Yuanxin Psychological Counselling Company

09/2023 – 12/2023

*Assistant Intern*

- Cooperated with University of Science and Technology of China and Anhui University to provide psychological supports to university students, collected materials about common psychological issues, discussed with group members, made presentations collaboratively
- Carried out assessment among university students regarding physical and psychological health, explained clinical ethics to students, conducted risk assessment and mental health conditions a
- Assisted youth workshops such as sandplay, engaged with teenagers and provided supports for workshop leaders
- Participated in *Project Genius* held by Women's Federation of Anhui Province to promote family happiness and connection, assessed families' parenting styles, arranged and reported the main issues in the evaluation forms, gave feedback to parents by providing evaluation reports

## EDUCATION

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### University College London, UK

2022 – 2023

*MSc Child and Adolescents Mental Health*

Merit

### Durham University, UK

2019 – 2022

*BSc Psychology*

Second Class Honours, Upper Division (2:1)

## RESEARCH INTERESTS

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Emotion, personality, developmental psychology

## RESEARCH EXPERIENCE

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Studies on Comparison with Tourette Syndrome in Children and Adolescents

10/2022 – 7/2023

*Master Dissertation Research*

- Analyzed collected clinical data from multidisciplinary assessments (MDT, DAWBA, SDQ) using SPSS
- Processed demographic/comorbidity data and conducted comparative analyses (Chi-square/Fisher's Exact tests, independent t-tests)

Studies on Social Media Usage and Maslow's Hierarchy of Needs Satisfaction  
*Bachelor Dissertation Research*

6/2021 – 4/2022

- Collaboratively developed and administered online surveys for dissertation research
- Conducted SPSS-based statistical analyses including correlation and regression to examine relationships between social media engagement (duration/frequency) and psychological need satisfaction
- Contributed to all research phases from study design to final analysis

Studies on Physiology and Emotion  
*Research Assistant*

10/2021 – 4/2022

- Collected data, researched the correlation of psychological experiences, including goosebumps, emotions and cognition
- Assisted to design and implement experiments, set up, monitored and collected physiological data such as ECG, ICG and body temperature, collected biological specimens like saliva

## **PUBLICATIONS**

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- Runqi, W. (2022). [Listening to music while studying: Background sound and its relationship to task performance](#). *Durham Undergraduate Research in Music & Science*, 5, 65-76.
- Runqi, W. (2021, December). The Influence of Attachment Types on Academic Performance of Children. In *2021 4th International Conference on Humanities Education and Social Sciences (ICHESS 2021)* (pp. 512-517). Atlantis Press.  
<https://doi.org/10.2991/assehr.k.211220.087>

## **SKILLS**

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**Language Skills:** Native in Mandarin (PSC: Grade 2-A); Fluent in English (IELTS: 7.0); Fluent in Cantonese  
**Software Skills:** Microsoft Office, SPSS