

Chan Ka Yue Bonita

HKUST Emotion & Personality Research Group

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CAREER SUMMARY

HKUST Emotion & Personality Research Group

Since 06/2025

Research Assistant

- Prepared ethics application documents
- Prepared study protocols and manuscripts
- Projects involved:
 - The Oxford Handbook of Emotion and Culture Project
 - HappyU: A 90-day Diary Study of University Students' Happiness and Learning Experience Diary Study

TWGHs Ho Yuk Ching Educational Psychology Service Centre

10/2024 – 06/2025

Psychological Services Assistant

- Conducted group and individual coaching sessions for SEN students
- Prepared teaching materials
- Performed administrative duties

Autism Recovery Network Limited

07/2023 – 10/2024

Behavioural Therapist

- One-on-one applied behavioural therapy sessions to children and young adults with developmental disorders
- Prepared teaching materials
- Liaised with parents and caregivers

Police Negotiation Cadre

09/2021 – 12/2021

Intern

- Conducted research on radicalisation in Hong Kong
- Assisted in the coordination with the Correctional Services Department on the Crisis Negotiation Course

EDUCATION

- City University of Hong Kong

2021 – 2023

MSocSc in Psychology

Distinction (GPA 3.78)

- Sheffield Hallam University, UK

2018 – 2021

BA (Hons) Applied Social Science

1st Class Honours

OTHER QUALIFICATIONS

- Low-Intensity Cognitive Behavioural Therapy (CBT) Practitioner Course 09/2025 – 12/2025
- 3 -Day Cognitive Behavioural Therapy (CBT) Foundation Training Workshop 08/2024
- The Hong Kong Psychological Society (Graduate Member) 05/2023
- Dialectical Behavior Therapy Workshop- e-learning course 11/2021 – 12/2021

RESEARCH INTERESTS

Emotion, personality, animal assisted intervention

VOLUNTEERING

Individual Differences and Process of Change Laboratory, HKU

Since 12/2024

Research Assistant

- Conducted post-interviews for iACT participants through focus groups
- Conducted qualitative analysis through NVivo
- Conducted post-interviews for persons in custody who joined the Animal
- Assisted Activities at the Correctional Services Department

The Boys' and Girls' Clubs Association of Hong Kong

12/2021 – 08/2022

Mentorship programme

- Provided support for children with autism and Asperger syndrome.

New Life Psychiatric Rehabilitation Association

Jockey Club Embracing H.O.P.E.S. Project

12/2021 – 08/2022

- Led a group of autistic children and their parents on a cooking programme, to help improve cohesiveness and acceptance within family.

City University of Hong Kong, Department of Social and Behavioural Sciences

06/2022

City-Youth Empowerment Project

- Conducted basic body check-up for elderlies in the community and assisted in other enquiries.

SKILLS

Software: R, SPSS, Qualtrics, SONA

Languages: Cantonese (Native), English (Fluent), Mandarin (Competent)