

## Chan Ka Yue Bonita

HKUST Emotion & Personality Research Group

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### CAREER SUMMARY

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#### [HKUST Emotion & Personality Research Group](#)

Since 06/2025

##### *Research Assistant*

- Prepared ethics application documents
- Prepared study protocols and manuscripts
- Projects involved:
  - The Oxford Handbook of Emotion and Culture Project
  - HappyU: A 90-day Diary Study of University Students' Happiness and Learning Experience Diary Study

#### [TWGHs Ho Yuk Ching Educational Psychology Service Centre](#)

10/2024 – 06/2025

##### *Psychological Services Assistant*

- Conducted group and individual coaching sessions for SEN students
- Prepared teaching materials
- Performed administrative duties

#### [Autism Recovery Network Limited](#)

07/2023 – 10/2024

##### *Behavioural Therapist*

- One-on-one applied behavioural therapy sessions to children and young adults with developmental disorders
- Prepared teaching materials
- Liaised with parents and caregivers

#### Police Negotiation Cadre

09/2021 – 12/2021

##### *Intern*

- Conducted research on radicalisation in Hong Kong
- Assisted in the coordination with the Correctional Services Department on the Crisis Negotiation Course

### EDUCATION

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#### City University of Hong Kong

2021 – 2023

*MSocSc in Psychology*

Distinction (GPA 3.78)

#### Sheffield Hallam University, UK

2018 – 2021

*BA (Hons) Applied Social Science*

1st Class Honours

### OTHER QUALIFICATIONS

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- Low-Intensity Cognitive Behavioural Therapy (CBT) Practitioner Course 09/2025 – 12/2025
- 3 -Day Foundation Training Workshop 08/2024
- The Hong Kong Psychological Society (Graduate Member) 05/2023
- Dialectical Behavior Therapy Workshop- e-learning course 11/2021 – 12/2021

### RESEARCH INTERESTS

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Emotion, personality, animal assisted intervention

## **VOLUNTEERING**

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### [Individual Differences and Process of Change Laboratory, HKU](#)

Since 12/2024

#### *Research Assistant*

- Conducted post-interviews for iACT participants through focus groups
- Conducted qualitative analysis through NVivo
- Conducted post-interviews for persons in custody who joined the Animal
- Assisted Activities at the Correctional Services Department

### [The Boys' and Girls' Clubs Association of Hong Kong](#)

12/2021 – 08/2022

#### *Mentorship programme*

- Provided support for children with autism and Asperger syndrome.

### [New Life Psychiatric Rehabilitation Association](#)

#### *Jockey Club Embracing H.O.P.E.S. Project*

12/2021 – 08/2022

- Led a group of autistic children and their parents on a cooking programme, to help improve cohesiveness and acceptance within family.

### [City University of Hong Kong, Department of Social and Behavioural Sciences](#)

06/2022

#### *City-Youth Empowerment Project*

- Conducted basic body check-up for elderlies in the community and assisted in other enquiries.

## **SKILLS**

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Software: R, SPSS, Qualtrics, SONA

Languages: English (Fluent), Cantonese (Fluent), Mandarin (Competent)