

### **Career Summary**

<b>Emotion &amp; Personality Research Group (HKUST)</b> <i>Research Assistant</i>	<b>6/2025 – Present</b>
<b>TWGHs Ho Yuk Ching Educational Psychology Service Centre</b> <i>Psychological Services Assistant</i>	<b>10/2024 – 6/2025</b>
<b>Autism Recovery Network Limited</b> <i>Behavioural Therapist</i>	<b>7/2023 – 10/2024</b>
<b>Exact Medical Group</b> <i>Healthcare Assistant (Part Time)</i>	<b>12/2019 – 6/2023</b>
<b>Police Negotiation Cadre</b> <i>Intern</i>	<b>09/2021 – 12/2021</b>

### **Education Summary**

- **City University of Hong Kong** **2021 – 2023**  
*MSocSc in Psychology*  
**Distinction (GPA 3.78)**
- **Sheffield Hallam University, UK** **2018 – 2021**  
*BA (Hons) Applied Social Science*  
**1st Class Honours**

### **Additional Qualifications and Training**

- **3 -Day Foundation Training Workshop** **8/2024**
- **The Hong Kong Psychological Society (Graduate Member)** **5/2023**
- **Dialectical Behavior Therapy Workshop- e-learning course** **11/2021 – 12/2021**

### **Volunteering**

- **Individual Differences and Process of Change Laboratory (HKU)** **12/2024 – Present**  
*Research Assistant (volunteer)*
- **The Boys' and Girls' Clubs Association of Hong Kong** **12/2021 – 8/2022**  
*Mentorship programme*  
Provide support for children with autism and asperger syndrome.
- **Jockey Club Embracing H.O.P.E.S. Project** **12/2021 – 8/2022**  
Led a group of autistic children and their parents on a cooking programme, to help improve cohesiveness and acceptance within family.
- **City-Youth Empowerment Project: Summer One-off Service** **6/2022**  
Help conduct basic body check up for elderlies in the community and assist in other enquiries.